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FREQUENTLY ASKED QUESTIONS ABOUT BREAST AUGMENTATION SURGERY

How to decide the ideal size for Breast Augmentation surgeries?

There are main determining parameters in these surgeries. Factors such as the person's breast base, the thickness of the breast tissue, and the degree of sagging of the skin are taken into consideration when determining the size of the prosthesis. Another factor is the patient's wishes. Planning is done according to these measurements for patients who want a larger or more natural and smaller breast.

I became pregnant after breast augmentation surgery. Will I have problems with breastfeeding?

Since the mammary glands are not touched during breast augmentation surgeries, the connection between the nipple and the mammary glands is preserved. Therefore, there is no problem in terms of breastfeeding. However, in cases where breast lift and enlargement surgeries are combined, the quality of breastfeeding may decrease or, in rare cases, breastfeeding may not be possible, as some of the mammary glands are disconnected.

How long does it take to return from breast surgery to normal life?

Approximately 1 week of rest is recommended after breast surgery. You can then return to work.

When can I return to activities such as sports and swimming after breast surgery?

Brisk walks can be started 3 weeks after breast sur-

gery. However, situations in which chest muscles are used, such as fitness and swimming, should be postponed for a while. It is recommended to postpone these exercises or activities for at least 4-6 weeks.

Where is the scar positioned in breast augmentation surgeries?

We can perform breast augmentation surgery with the help of incisions in different areas. It is possible to reach breast tissue from areas such as the nipple border, inframammary fold or armpit. The common goal for all these areas is to locate and hide the incision scar so that it is not visible.

What are the differences between round and anatomical implants?

Anatomical implants are drop-shaped implants designed in accordance with the body anatomy. After these surgeries, the breast gains an appearance in accordance with its natural structure. The lower half of the breast looks fuller than the upper half. In round implants, the upper half looks fuller compared to teardrop implants. A round prosthesis may be considered for patients who want the degaje part to be fuller.

How long should I use a special bra after breast augmentation surgery?

In general, we recommend bras specially designed for these surgeries for the first 3 weeks. It is recommended to use these bras by taking breaks during the day during the first 3 weeks. It is recommended to use a bra at certain times of the day for the next 3 weeks.